

Range Exercise Case Study #4

Exercise 12 – Cornering Judgment

- On the first repetition a student successfully adjusted her entry speed and completed the turn into the far gate.
 - She was stopped for coaching and the RiderCoach asked:
 - “did you use both brakes before the turn?”
 - “don’t forget to turn your head and roll on the throttle through the entire turn”
 - “let’s see you do the near gate on the next revolution”
 - On the same rider’s second pass she set her entry speed appropriately and demonstrated a better head turn than on her first pass, however she did not ride through the near gate smoothly.
 - The same RiderCoach stopped the student for coaching and said:
 - “Touch your chin to your shoulder”
 - “Press the handgrip to get the bike to lean more and stay on that throttle”
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1) Identify Continuous Improvement Opportunities (CIO)?

2) Identify appropriate content to context threading.

3) What would you do to facilitate performance improvement for this RC?